

**CARE & LEARNING SERVICE  
OCCUPATIONAL THERAPY**

**HANDWRITING RESOURCES**

**Speed Up Programme – Lois M Addy**

Available from Amazon – ISBN 1855033860

- A kinaesthetic programme to develop fluent handwriting, for children from 8 to 13 year of age
- Based on multi-sensory activities, kinaesthetic and perceptual motor activities targeted to improve handwriting fluency and speed
- Programme can be delivered by teacher or PSA, does not require any specialist training
- Presented in 8 weekly sessions
- Done in small groups
- Homework element/expectation on child/family to commit

**Write from the Start – Ion Teodorescu and Lois M Addy**

Available from Amazon – ISBN 1855032457

- Unique programme to develop the fine motor skills necessary for effective handwriting
- Suitable for any child between 4 – 11 years
- Programme comprises 8 booklets, each dealing with a number of specific areas.
- OT advise to use in conjunction with a multi-sensory approach to learning handwriting

**Fine Motor Skills – Mark and Katy Hill**

Available from Amazon – ISBN 1855034042

- Book of activities to improve motor control (can be photocopied)
- Activities presented in book aim to help develop the full range of fine motor skills

**Pre-Handwriting Fun Deck**

Available from Taskmaster – [www.taskmasteronline.co.uk](http://www.taskmasteronline.co.uk)

- 56 double sided card set of exercises and activities targeting upper body, fine motor and perceptual skills required for handwriting and other daily skills
- Includes a set of dry erase markers so handwriting activities can be done directly onto cards

## **Joining the ABC, A Hand for Spelling - Charles Cripps**

Available from Amazon

## **Roll-n-Write Alphabet**

[www.ldalearning.com](http://www.ldalearning.com)

## **EDUCATIONAL RESOURCES**

### **Handwriting Guidelines**

[www.highlandliteracy.com](http://www.highlandliteracy.com)

### **Supporting Writing Difficulties**

A Practical guide – Call Scotland

<https://atss.wordpress.com/2014/11/20/supporting-writing-difficulties-infographic-from-call-scotland/>

Various handwriting activity books and programmes; selection of pencils and pencil grips

### **Taskmaster**

[www.taskmasteronline.co.uk](http://www.taskmasteronline.co.uk)

### **Special Direct**

[www.specialdirect.com](http://www.specialdirect.com)

### **LDA Learning**

[www.ldalearning.com](http://www.ldalearning.com)

## **Angled Writing Boards**



### **Junior Angled Writing Board**

<http://www.posturite.co.uk/workstation-accessories/writing-slopes.html>